

## **Letter to Our Community**

Family Tree Clinic has been here since 1971. From the beginning, our mission has remained steadfast - no matter what is happening in Washington or at the State Capitol, we are committed to cultivating a healthy community through comprehensive sexual health care and education.

When we say we're a community clinic, we mean it. Thanks to community feedback and input, we launched our **Transgender Hormone Care Program** in 2015, which has since experienced tremendous growth. In 2009, only 9% of our patients identified as LGBTQ; **today, around 79% of the patients we serve are part of the LGBTQ community**. Our community has stood by us during challenging times, and we are proud to continue returning that support.

This past election has left many in our community feeling scared and uncertain about the future. But one thing Family Tree is certain of: we will continue providing exceptional gender affirming care, as well as excellent sexual and reproductive health care and education. We are here—and we will stay here.

While we may not have control over many things—rollbacks on LGBTQ-positive policies, harmful rhetoric, and bans on life-affirming care—it's important to remember the **things** we **do** have control over:

- **Schedule an appointment** with Family Tree Clinic for gender affirming care for both adults and youth.
- **Book a visit** for trauma-informed sexual and reproductive health care, including birth control (such as IUDs and Nexplanon), STI testing, and emergency contraception.
- Contact our Education and Engagement Department to receive accurate, inclusive sex education.
- Attend legal services workshops with partners including name change and gender marker support.
- **Utilize patient resources** that include insurance navigation and referrals to mental health support with practitioners that share our commitment to you.
- Combat harmful disinformation in your own communities.
- Support Family Tree Clinic and other organizations doing vital work.

We couldn't have made it to 53 years without you, our community, and we are committed to being here for as long as we can. This work is necessary and life-saving, and no amount of intimidation will make us stop.

In solidarity,

Family Tree Clinic