



At Family Tree We Treat Your Whole Self

Additional Resources We Offer:

For some people, there can be many different aspects of gender affirming care besides hormones. Lots of times these other steps can be overwhelming. At Family Tree Clinic we provide many different resources to help with your journey — whatever that looks like for you.

Whether you need assistance finding and navigating insurance, legal name and gender marker change, want to find a primary care or mental health clinic, or need help figuring out your surgery options, we can help. We have certified MNsure Navigators and a Patient Resource Specialist who can assist you in finding all the resources you need, which may include:

- Primary care clinic recommendations
- Mental health care recommendations
- Lists of local gender affirmation surgeons
- Fertility preservation clinic recommendations
- Name and gender marker change legal resources
- MNsure insurance navigation
- Local support groups
- Notary services

Other Medical Services Offered at Family Tree Clinic

Got medical concerns that aren't about hormones? We're here for you!

- Low cost birth control
- IUD and Nexplanon (arm implant)
- Low cost or no cost rapid HIV testing (results in 20 minutes)
- Pregnancy testing and all options counseling
- Sexual health concerns
- Comprehensive STI testing and treatment
- Urinary and vaginal infection testing and treatment
- Annual exams, pap tests, & colposcopy services
- Smoking cessation
- PrEP and PEP (HIV prevention medication)
- Emergency contraception
- Breast/chest exams and mammogram referrals
- Menopause care
- Preconception planning and referrals
- Limited primary care services