Title: IT'S THAT EASY: Connecting With Your Child.

YouTube Link: <a href="https://youtu.be/\_QpG-jzHZPc">https://youtu.be/\_QpG-jzHZPc</a>

## Video Description:

[VD: In the beginning of the video, there is a white woman with brown curly hair, Bethany, standing in the main bedroom, connecting to the main bathroom, signing. During the narration, Bethany is standing in the living room in the house. There is a clip of a mom connecting with her baby and and a clip of two parents hugging two children. During the ASL lesson, a person is teaching ASL in front of a grey background while a blue column on the left side of the screen shows white text (ASL vocabulary).]

## Transcript:

"Nurturing, supportive relationships between children and their parents or caregivers provide the foundation for social-emotional health throughout life. These relationships have a profound impact to form satisfying relationships; and the decisions they make throughout their lives. We recognize the power of the relationship in raising sexually healthy children. Many parents/caregivers want to know how to talk to their children about sex.

Guess what, you are probably already doing it!

But, how? Through American Sign Language, home signs, gestures and/or spoken language. Regardless of the language access you and your Deaf child may have, it's important for you to have positive connections with your child.

It's about forming a relationship with your child that supports ongoing communication; modeling of healthy relationships and behaviors; sharing family values and beliefs; and providing the security and confidence young people need in order to make informed decisions on their own. All children need to feel safe, important and competent, and have people they can count on to be there for them.

Parent-Child Connectedness is a positive, high quality emotional bond between parent and child. What does PCC look like? Parents and children spend enjoyable time together. They communicate freely and openly. They are affectionate and warm. They trust each other. They feel optimistic about the family relationship. What are the benefits of PCC? Research shows that PCC can be a 'super-protector' for children/teens. PCC can form a protective barrier between children and the many challenges and risks they face in today's world. PCC can help prevent a variety of health problems, such as depression, eating disorders, and using drugs, and social problems. That may include violence, bullying, and unplanned pregnancy. Research shows that children and teens do want to talk to their parents and caregivers about sexuality. They are probably not showing, but guess what?

They do want to talk to you about sexuality. They are craving to learn and understand to have a better ownership of their bodies. Be an askable parent, initiate conversations and listen.

Showing a few clips of families interacting. The dad signing with his baby, "I am Daddy."

The mom signing with her baby, "Can Mommy have a kiss from Ramona?" The baby kisses their mom.

A parent asking children, "want a hug?" Both parents hugging their two children.

## Jakiya, signing:

"Hi! I'm Jakiya, here's my sign name. Welcome to our mini ASL lessons! I'm excited to teach you some signs on creating healthy connections with your child! In this lesson, we will learn signs that will support your relationship with your child as you create a strong parent-child connectedness. Are you ready to learn with us? It's that easy! You got this!"